



# SACRED HEART PARISH

**Sunday 12<sup>th</sup> January 2025**

**The Baptism of the Lord**



**Priest: Kieran C.P.**

**Deacon: Joe Baxter**

**Parish Office:** 1B Glenview Street, Belfast, BT14 7DP

**Email:** [sacredheart@downandconnor.org](mailto:sacredheart@downandconnor.org)

**Phone:** 028 9075 1543

**Hours open:** 9am-2pm , Mon -Fri.

**Parish Secretary:** Cathy Carroll

**Sacristan:** Collette Delaney

**Acolyte:** Thomas Liddy

**Parish Webpage:** <https://www.sacredheartparishbelfast.com>

**Webcam** [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

## ~Mass Times~

**Saturday Vigil:** 6.00pm: Charles & Elizabeth McCullough, Anniversary Mass

**Sunday Masses:** 9:30am: Tommy McAuley Sr. , Anniversary Mass  
11:30am: Denis O'Connor , Anniversary Mass

**Weekday Masses:** Monday 10:00am: Charles Christie , Months Mind Mass  
Tuesday 7:00pm: Novena Alex Duffy, Anniversary Mass  
Wednesday 10:00am: Mary Hogg Sr, Anniversary Mass  
Thursday 10:00am: Michael Cassidy, Anniversary Mass  
Friday 10:00am: Seamus Reynolds, Anniversary Mass  
Bunscoil School Mass

**Confessions & Adoration:** Saturday: 5:00pm - 6:00pm.

**Divine Mercy:** Friday 2:15pm, Exposition, Prayer and Confessions

## ~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.  
Please contact the parish office to arrange a baptism.

### ~Upcoming Feast Days~

12th January - The Baptism of the Lord

13th January - St. Hilary

17th January - St. Anthony

### ~Recently Deceased~

Sean Martin

John McGuire

Hugh Ferrin

Moirra Hanna

Rose Marie McGhee

*Eternal rest grant unto them, O Lord*

### ~Anniversaries~

Hugh & Mary Fenton

Thomas O'Neill

Bridget Gillespie

Dan & Molly Shearan

Rosa Silo

Veronica Burns

### ~Sanctuary Candles~

Mary Mells ( Nee Owens)

Kevin O'Neill

Mr & Mrs Stewart

Tommy Arbuckle

Thomas O' Neill

The Kane Family

*A Donation of £5 per candle  
is greatly appreciated*

### ~Weekly Collection~

£928.25

### ~Monthly Offering~

£311.20

Thanks You For Your Generosity

### ~Baptisms~

**Welcome into our community**

Eliy Hutchinson

## ~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

**The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.**  
( Micah 6:8)

# DATES FOR YOUR DIARY

**Welcoming Spring: Day of reflection.** Led by Breige O'Hare. 11am-4pm Saturday 1st February, 2025. Holy Rosary Parish Hall, 503 Ormeau Road, Belfast. BT7 3GR. Join us for a day of story and song, scripture and prayer in the company of the early Christian leader Brigid and the Jesus she loved. It's time to slow down, a chance for new beginnings and fresh starts, ending with a beautiful liturgy commissioned for the season with new music by Mairéad Duffy. Bring a packed lunch. Tea/coffee provided. Booking essential: email [info@firststepwell.com](mailto:info@firststepwell.com)

**Annual Retreat, Drumalis Retreat Centre Larne.** To Celebrate the Jubilee, Our theme for this years retreat is "Witness of Hope". Friday evening 17th-Sunday 19th January, 2025. Speaker – Fr Darren Brennan. Join us for the weekend or for a day. An opportunity to grow in faith together. To book a place contact Margaret on 07716 288811. Hosted by Down & Connor Charismatic Renewal Committee

**ALPHA.** Join with us at St Colmcille's Parish, 191 Upper Newtownards Road Belfast BT4 3JB.... starting this Wednesday 15th January at 8.00pm for ALPHA. The Alpha experience includes food, a video presentation and small group discussions. It is a place where you can be yourself, say what you think about faith issues, and challenge everything. No question is too complex or too simple. Your point of view is as important as anyone else's. To register your interest contact Noeleen by emailing : [n.dunn@downandconnor.org](mailto:n.dunn@downandconnor.org) or send a text to : 07879 498131

**Beginning Experience.** The loss of a partner through death, separation or divorce is devastating. Beginning Experience is offering a programme of bereavement support in St Bride's Hall, Derryvolgie Ave. Belfast on three Saturdays (25th January; 22nd February and 29th March) Booking essential. To find out more contact Pauline 07519289185 or Marie [07896119669](tel:07896119669) or email [belfastbe@yahoo.com](mailto:belfastbe@yahoo.com).

**Al-Anon offering Family support for those affected by alcoholism.** Al-Anon is launching a new campaign 'You are not alone!' during Dry January 2025 to encourage more people living with problem drinkers to find their local Al-Anon meeting. Whatever your relationship to the drinker, whatever your story, Al-Anon can help. We hold regular meetings where members share their own experience of living with alcoholism. Our Information Office, based in Belfast is opened from 10am – 1pm Monday to Friday; contact number 02890682368. All meetings are listed on the website [www.al-anonuk.org.uk](http://www.al-anonuk.org.uk), or you can call our Confidential Helpline on 02890682368 10am – 1pm or 6pm – 10pm daily.

**Blessed Trinity College Open Evenings.** Tuesday 14th and Wednesday 15th January 2025. Antrim Road site will be open from 6.30-7pm and the main Open Evening will commence at 7pm on the Somerton Road Site. Principal's Address will be at 7.20pm and 8pm. All welcome.

**Dominican College Fortwilliam Open Day.** Saturday 18th January 2025 from 9.30am to 1.00pm Principal's address at 9.30am and 11.00am. (Primary 6 and Primary 7 pupils all welcome)

**St Malachy's College Open Evening.** Wednesday 15th & Thursday 16th January 2025. 7pm—9.30pm. Tours from 7pm. Principal's address 7.45 and 8.30pm in College Hall. 36 Antrim Rd, BT15 2AE. Tel: 02890748285. [www.stmalachyscollege.com](http://www.stmalachyscollege.com)

**QUB Chaplaincy Reopens for New Year.** The Queen's Chaplaincy reopens after Christmas break with Mass this Sunday, 12 January, at 8pm the University's historic Lanyon Building. Our weekday Mass schedule resumes on Monday 13 January at our temporary premises, 42 University Road. For more information on the services we offer visit [qubcatholic.org](http://qubcatholic.org)

**Legion of Mary.** Extends an open invitation to Join Us! Every Monday 7.30pm, at The Church of the Immaculate Heart of Mary. 577 Antrim Road, Belfast, BT15 3BU. Every Thursday at The New Lodge Grotto for the Rosary. For more info, please contact Seán: 07561000417. Online: <https://legionofmarydc.co.uk/>

**Chatty Café.** Open Monday to Friday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

**AA Meeting** upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, and Thursday at 7pm. (Ladies Group)

**Narcotics Anonymous (NA)** meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

**The Spred Group** will finish on Monday 9th December until the new year.

**Pensioners Group** meets every Thursday in the Parish Centre at 1pm

**The Stitch and Crocheting Group** will be back on the 9th of January.

**Lifeline-24hr** 7 days a week 0808 808 8000  
**Samaritans** anytime night or day 116 123  
**St Vincent De Paul** 028 90351561  
**Cancer Lifeline** 028 90 351999  
**AA** 02890351222

**Al-Anon Family Groups** 028 9068 2368  
**PIPS** 0800 088 6042  
**Youth Education Health Advise** 02890 757 809  
**Diocesan Safeguarding Officer** Philip O'Hara  
 07534 992 124

**Sacred Heart of Jesus, I place all my trust in Thee**